MB MOTION BASED™

Surf City 2009 Half Marathon | Street Running | Race
Huntington Beach, Orange, California, United States
Sunday, February 1, 2009 | marcgohres

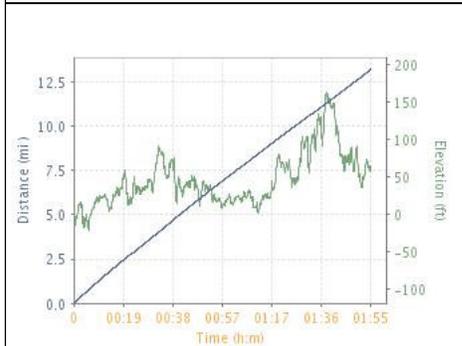Activity Options   Email Activity   Link to this Activity

| Dashboard | Analyzer | Map Player | Player

Activity Dashboard

- ▶ Summary
- ▶ **Time**
- ▶ Distance
- ▶ Speed
- ▶ Elevation
- ▶ Heart Rate
- ▶ Laps
- ▶ Weather
- ▶ Equipment

Time Data	Total	% of Total
Total Time	**1:55:43**	**100.0**
Moving Time	**1:55:09**	**99.6**
Ascent	0:46:23	40.1
Descent	0:40:07	34.7
Flat	0:28:39	24.8
Stopped Time	**0:00:30**	**0.4**
# of MB Stops	1	--

Relevant Data

Start Time: Feb 1, 2009 7:44:07 AM
Finish Time: Feb 1, 2009 9:39:50 AM
Time Zone: Pacific (L.A.,Vancouver)

Time Profile

Plot: Time vs. Distance   **Display:** ☑ Elevation

Please select the Chart to Display Above

| **Time Profile** | Time Distribution | Vertical Division |