MB MOTION BASED™

San Jose Rock n Roll Half Marathon | Street Running | Race
San Jose, Santa Clara, California, United States
Sunday, October 5, 2008 | marcgohres

✎ Activity Options   ✉ Email Activity   👁 Link to this Activity

Dashboard | Analyzer | Map Player | Player

Activity Dashboard
- ▸ Summary
- ▸ Time
- ▸ Distance
- ▸ Speed
- ▸ Elevation
- ▸ Heart Rate
- ▸ Laps
- ▸ Weather
- ▸ Equipment

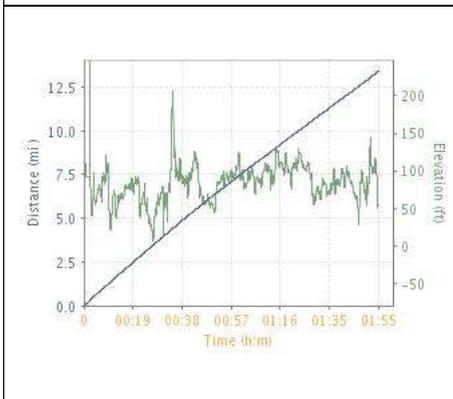| Time Data	Total	% of Total
Total Time	**1:55:08**	**100.0**
Moving Time	**1:55:03**	**100.0**
Ascent	0:46:24	40.3
Descent	0:46:19	40.3
Flat	0:22:20	19.4
Stopped Time	**0:00:00**	**0.0**
# of MB Stops	0	--

Relevant Data

Start Time: Oct 5, 2008 8:03:47 AM

Finish Time: Oct 5, 2008 9:58:55 AM

Time Zone: Pacific (L.A.,Vancouver)

Time Profile

Plot: Time vs. Distance   Display: ☑ Elevation

Please select the Chart to Display Above

Time Profile	Time Distribution	Vertical Division